

Lifeguarding



Step 1 Lifeguard Pre-Course Swim Test

\$10 Registration Fee - Non refundable

The course content and activities prepare participants to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries. Certification valid for 2 years. Most nationally recognized lifeguard certification. Must be able to attend entire course.

Lifeguard candidates must successfully complete the pre-course swim skill test prior to registering for the American Red Cross Lifeguard Certification Course. Pre-course testing times are available on Mondays or Wednesdays of each month.

You MUST call our Aquatics Specialist at 217-231-5676 to schedule your 30 minute time slot.

Pre-Course Swim Test	July – August	Mondays 3–7pm Wednesdays 3–6pm
----------------------	---------------	-----------------------------------

Step 2 American Red Cross Lifeguard Certification

MUST BE 15 YEARS OLD BY END OF CLASS

\$50 Summer Special - Non refundable Capacity: 8

The American Red Cross lifeguard training and certification are imperative to the process of getting hired on as an official Red Cross lifeguard. Our detailed training includes both testing of hands-on skills as well as comprehension on written tests. The certification, which includes first aid, CPR, and AED training, is valid for two years upon completion and is accepted nationwide. The American Red Cross is the most respected source for training and certification of this kind.

You MUST complete the pre-course swimming skills test prior to registration of the American Red Cross Certification Course.

July 8–10	Wed–Fri • 8am–5pm	AQ20S3W21
July 22–24	Wed–Fri • 8am–5pm	AQ20S4W21
Aug 5–7	Wed–Fri • 8am–5pm	AQ20S5W21

Contact Aquatics Specialist
Nanette Johnson for more info.

Nanette.Johnson@USC.SalvationArmy.org or 217-231-5763